

Interlake School Division Safety First Newsletter

December 18, 2015

In Case of Injury at Work



**DO YOU KNOW WHAT TO DO IN CASE OF INJURY?
HOWEVER SMALL IT MAY APPEAR TO BE
FOLLOW THESE STEPS, FOR EVERY INJURY:**

1. Get First Aid / Medical Aid.

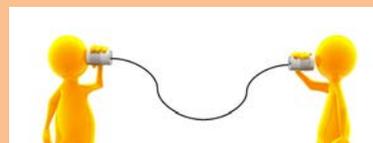


2. Report the injury to your Administrator or Supervisor.
3. **All Staff** Complete the Notification of Injury (Green form) as soon as possible.
4. This form should be available from your administrator or school secretary. Also available on line at:
http://www.wcb.mb.ca/sites/default/files/resources/2711%20WCB%20Notice%20of%20Injury%20Web%20Form_Reader.pdf



In Case of Injury at Work Continued....

5. Copies of the (Green form) are retained at the School and the Safety Office. These are not forwarded to WCB.
6. Non teachers complete the Employees Report to WCB* and give to your school secretary. They will contact Safety. These reports may be obtained from the administrator or secretary.
7. The Safety Officer shall assist payroll with submitting the Employers Report to WCB*.
8. Please do not fail to report. Please do not report to WCB without working with your Safety and Administration team.



**This is your employer. This is you.
Keep that communication open.**

9. **Teachers**** please complete the appropriate reports obtained from the administrator or school secretary.
10. Contact Safety Officer ASAP
paoliver@isd21.mb.ca or on 204.795.8299
11. Assist in any investigation. You don't want to see anyone else injured - Right?
12. Participate in the Early & Safe Return to Work Program as required.

*** These forms / reports are extremely time sensitive. Delays can result in financial penalties to the School Division, or denial of benefits.**

**** Teachers are not covered under WCB, but under a separate insurer.**

Safety Rests With You

THE FOUR STATES OF MIND THAT PRECEDE INCIDENTS

This Edition Featuring: Complacency



COMPLACENCY

APATHY COMES BEFORE CALAMITY. LOOK IT UP.

*“I’ve done this a hundred times,
there’s never been a problem.”*

“Complacency” (noun), plural complacencies.

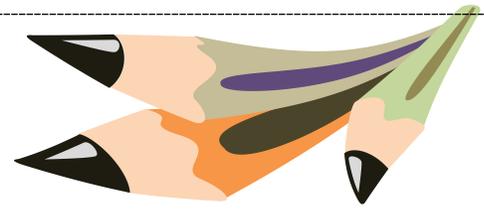
1. A feeling of quiet pleasure or security, often while unaware of some potential danger, defect, or the like; self-satisfaction or smug satisfaction with an existing situation, condition, etc.

Who hasn’t seen a news item where a skydiver, SCUBA diver, extreme sports aficionado or a seasoned tradesperson, had an unfortunate incident?

Yes, it happens infrequently earlier on, but more frequently, to the experienced person.

Complacency is the greatest “under the radar,” condition placing you at risk, probably because complacency is the most difficult to describe for signs and symptoms. More than any other state, complacency fosters the making of bad decisions.

Complacency is the most difficult state to ask a person to self identify. That is, until after an incident. Pause and think about this for a moment. It’s almost an “AHAH” moment.



Fare Thee Well

Mr. Wayne Davies, Assistant Superintendent of Interlake School Division, has decided to explore other opportunities. I know everyone will wish him the very best.

Welcome Aboard

As of January 1st 2016, Mrs. Margaret Ward, formerly Principal of SCI, will be stepping into the role of Assistant Superintendent. Formal dates aside, she’s already deeply involved in the duties which will include supervision of Health and Safety.

Think On This

“The trick is in what one emphasizes. We either make ourselves miserable or we make ourselves happy. The work is the same”

*Carlos Castenada, Author, Anthropologist, Mystic.
b. 1925 d. 1998.*

Driver Ed Smarts

Everybody knows not to use Cruise Control on wet, snowy or icy roads, right? (You risk the cruise control applying an inappropriate power surge as surface conditions change, contributing to a loss of control of the vehicle.)

Travel Smarts

If you’ve started your TwinRix since the last edition, in anticipation of vacation or travel, you’re likely coming due for your booster.

Snow Shoveling Smarts

<http://www.wrha.mb.ca/wave/2009/12/shovel-snow.php>

Play it safe during this activity. It seems innocent but is actually one of the more hazardous activities that you can engage in.

THE FOUR STATES OF MIND THAT PRECEDE INCIDENTS

There are three additional states that paint the stage for incidents and injuries.

They will also form the basis of some safety talks / training and a poster campaign through the rest of the school year.

They are a little easier to self identify than Complacency, therefore can be corrected or compensated for. These remaining three states are also easier to spot in others.

Each of these shall be featured in subsequent editions of your Safety First Newsletter.

However even a glance will inform you and I'm certain you can begin to analyse the hazards each presents. Briefly they are:

Fatigue



Rushing



Frustration



PET SAFETY & AVOIDABLE TRAGEDY



In our culture we love our pets, often treating them as members of the family. In exchange for a few basic needs, pets contribute to mental health, provide companionship, physical exercise, home security and hours of wasted time on the internet.

Children who grow up with pets demonstrate more responsibility, empathy and have stronger immune systems. That said, a wordly viewpoint is called for. Negative interactions between children and pets are largely predictable and preventable.

Like people, pets require their own "space." Small children should never be left unattended with pets, mostly because small children don't quite get that "personal space," thing yet.

I'd like to share the classic "calming signs," that will alert you the dog isn't having as much fun as the child and they need to be calmed (separated) for awhile. Give the pet a graceful way out if you see signs of anxiety such as:

Licking the lips;

Showing the whites of the eyes;

Panting, while not overheated;

Turning away of the head; and

Just plain trying to make a quick exit

Great resources are available, from pet first aid courses, to courses on Bringing Baby Home, and Mixing Kids and Dogs.

Contact Della Woronowski at The WHS
(204) 982-3555

dellaw@winnipeghumanesociety.ca

www.winnipeghumanesociety.ca